

JOHN P LEONARDOS, SR

Male DOB:01/30/1940

1037665

Home: (814)455-3825 Office: 459-0606

Ins: MEDICARE (81)

Risk Factors

Year quit smoking: 2000

working on smoking cessation

Vital Signs

T: 96.8 deg F. T site: tympanic BP: 188/90

repeat 154/82

Physical Examination

Constitutional: Alert, no acute distress, well hydrated.

Skin: no rashes.

Neck: no thyroid tenderness or nodules, no carotid bruits.

Cardiovascular: RRR, no murmurs, peripheral pulses intact.

Respiratory: No respiratory distress, no accessory muscle use, clear to auscultation.

Abdomen: soft, no hepatosplenomegaly.

Extremities: LEFT KNEE : Warm and swollen

he wants drained, se and risks reviewed

PROCEDURE : under sterile conditions aspirated 30 cc straw colored fluid

medial space and injected 40 cc Kenalog

dressed, care reviewed

Neurol: motor intact, station & gait normal.

Psych: normal interaction, good eye contact.

Assessment

Status of Existing Problems:

CVA WITH RIGHT HEMIPARESIS Improved - Mark Masteller DO
HYPERTENSION, BENIGN ESSENTIAL Deteriorated - Mark Masteller DO
HYPERLIPIDEMIA, MIXED Unchanged - Mark Masteller DO
DISORDER, TOBACCO USE Unchanged - Mark Masteller DO
DIABETES MELLITUS Unchanged - Mark Masteller DO
History of GOUT NOS Deteriorated - Mark Masteller DO
History of CA IN SITU, BLADDER Improved - Mark Masteller DO
RENAL COLIC Improved - Mark Masteller DO
RENAL INSUFFICIENCY Improved - Mark Masteller DO

Impressions: LEF TKNEE Gouty arthritis

drained and injected steroid

continue colchicine as able

when better restart allopurinol, but cross over while on colchicine for a week or two
would like to avoid NSAIDs w DM / HTN

HTN not well controlled

just restarted lisinopril

INC this to 40 mg a day to better control

CLOSE FOLLOW UP needed

call i home BP over 160

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12/01/2005 - Office Visit
Provider: Mark Masteller DO
Location of Care: Saint Vincent Family Medicine Center

Office Visit

Allergies

No Known Allergies

History of Present Illness

History of Present Illness: Kne pain very bad yesterday
tood colchicine q 2 hours until D
pain yesterday 10/10 today 7/10
still swollen

labs reviewed

Cr good Hga1c 7
restarting Meformin and Lisinopril
will tritirate lisinopril UP w elve BP still

he has a history of Stroke and Blood Pressure elevated now and not well controlled
he does require contiued close monitoring and medication titration
health is in Jeapardy at this point

he is suffering with a lot of gouty pai presently and suffering quite a bit
ambulation difculty w left knee gouty arthritis, he is not amulating without a crutch righ t now do
to pain he is exeperiencing

he has a histeroy of bladder cancer requiring monitoring w urologist on a regular basis

Past, Surgical, Family, and Social History

Past History: RHM : Colononscopy 8/03 PSA 1.71 3/03 2./26 on
8/05 GOUT
HYPERCHOLESTEROL 3/03 : C 261 , H 27 , L - , T 1318
TOBACCO
Bladder carcioma in situ -Dulabond sees regularly
hx colon polyps - colorectal
CVA Renal stones

Past Surgical History:

last hgA1c = 7.0 11/05

Family History: F died 62 MI
M well at 92

Social History: tobacco

alcohol
Waterfront restraunt owner now out of business 12/6/05 for 9 mo fed prison

Saint Vincent Family Medicine Center
2314 Sassafra Street Suite 200 Erie, PA 16502
814-454-4484 Fax: 814-452-1809

December 1, 2005
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Chart Document

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may add clonidine PRN

DM

needs close follow up
just restarted Metformin so will need repeat labs and creatine soon

with hx of stroke also very worried about BP
Close OUTPT FOLLOW UP needed

Plan

Updated Medication List:

ALLOPURINOL TABS 300 MG (ALLOPURINOL) 1 po qd
LOPID 600 MG TAB (GEMFIBROZIL) 1 po bid ac
TENORETIC 100 100-25 MG TABS (ATENOLOL-CHLORTHALIDONE) 1 po daily
ASPIRIN 325 MG EC TAB (ASPIRIN) daily
COLCHICINE 0.6 MG TABS (COLCHICINE) 1 po q 2hours until diarrhea for gout
LISINAPRIL 10 MG TABS (LISINAPRIL) 1 po daily
METFORMIN HCL 500 MG TABS (METFORMIN HCL) 1 po bid
INDOMETHACIN 50 MG CAPS (INDOMETHACIN) 1 capsule po TID with food

this not e given to pt for attny
do to go to federal prison 12/6
would suggest delay until medical problems more stable

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Signed by Mark Masteller DO on 12/01/2005 at 4:05 PM

